

Who Qualifies for Services?

Pregnant, Birthing & Parenting Youth & Young Adults, ages 12-25 who are:

- Active Department of Mental Health & Addiction Services (DMHAS), Young Adult Services (YAS) Clientele, including: clients with pregnant partners, reunifying parents, & DCF transitioning clients
- Birthing/parenting families in the community with minimal supports facing additional vulnerabilities
- DCF involved pregnant & newly parenting persons

(BSEB is an approved vendor for WAF contracting)

Participation is voluntary. Services are catered to the individuals needs and provided at **NO** cost to clients



Support During the Prenatal, Birth, Postpartum, and Early Parenting Periods



Contact Us

Traci McComiskey

C-LD/CE/PD, PMH-C, PE, IMH-E, CHW

traci.mccomiskey@bsebct.org

Referrals for services and more can be found at:

bsebct.net



BSEB

BIRTH SUPPORT, EDUCATION & BEYOND

Home-Visiting Perinatal Support

BIRTH SUPPORT, EDUCATION & BEYOND



INTENSIVE SUPPORT SERVICES

Provided by a multi-disciplinary team of **Maternal Health Specialists; Doulas, Childbirth & Parent Educators, Lactation Consultants, Community Health Workers, Perinatal Mental Health Specialists**, experts in providing trauma-sensitive care



We promote the skills to empower positive birth experiences & support parental confidence



Client driven services building on your strengths, honoring your beliefs, personalizing supports & services

Collaboration with support systems, medical providers, and community programs to achieve your identified goals

Working to eliminate racial & social disparities in maternal & infant health, and towards building health equity for all birthing persons

Experienced in serving vulnerable families, youth and young adults, those who may have endured significant trauma, have mental health diagnoses, and minimal support systems

Overview of Services

Prenatal Support



- Attend & support prenatal medical care appointments
- Deliver client-centered prenatal education
- Support in preparing for birth and parenting
- Assist with identifying birth goals & creating supportive care plans
- Connect into added community programs & providers



Labor & Birth Support

Doulas provide non-medical, emotional, physical and educational support & advocacy in childbirth for the birthing person & their supports

- 24/7 on-call support surrounding estimated due date
- Provide continuous Doula support during active labor and birth
- Aid in advocating for your goals & traditions
- Supporting you in understanding your labor & birth as it progresses
- Assist with hospital discharge and settling in at home after birth



Postpartum Support



Postpartum support during the early weeks after birth

- Increased home visits & on-call phone supports
- Support healing, rest & bonding
- Provide education in postpartum recovery & newborn care practices
- Offer lactation counseling & newborn feeding support
- Assist with practical tasks; light household chores, meal prep, light errands, allowing time for self-care & baby bonding

Parenting Support



Utilize evidence-based/influenced curricula and practices

- Provide instruction & modeling of age-appropriate positive attachment and parenting techniques
- Attend & support pediatric appointments
- Conduct child development milestone screenings
- Support connection into added community parenting services

Our Perinatal Support Specialists (PSS) conduct wellness screenings & provide education in all stages of pregnancy, birth & parenting for all caregivers

We have extensive training in supporting and facilitating pathways for care when indicated for Perinatal Mood and Anxiety Disorders (PMAD's), Intimate Partner Violence (IPV), and Childhood Developmental Milestone delays

